

GRADE 7 EcoSchools Programs

Activities

The Day program outline varies from school to school based on the number of classes attending, arrival/departure times, and the specific learning objectives the visiting teacher wishes to focus on. Below are brief descriptions of activities that are or can be included. Fall programs place greater emphasis on waste management and interactions within eco-systems. Winter programs highlight energy conservation.



Activity Descriptions

- ◆ **Waste Minimization and Sustainable Consumption**
'It is easy to be green' This program introduces the concept of sustainability, explores the process and materials that go into the things we use everyday and utilizes decision making templates that are experienced through group initiative tasks. The program draws heavily on the Sustainable Living Centre for examples and provides students with action plans to take home and back to school.
- ◆ **Lighten the Load: Energy Conservation**—This program reviews the traditional sources of energy we use everyday, examines the environmental impact of each, then uses 'hands on' experiments and the CO2 game to integrate this awareness. Also included, as time permits are the Solar Simulation Game, and the portable solar labs.
Enviro-Ethics – a group brain-storming exercise that introduces the language and concepts to be explored during the day
- ◆ **Bouncing Rays**— an active outdoor simulation game to demonstrate how the gases we produce through our daily lives are contributing to global warming and climate change. Activities, Climbing Walls, Low and High Ropes Courses
- ◆ **Oh Polar Bear**— an adapted game to provide a 'hands on' demonstration of human impact on animal life and the broader concept of interactions within ecosystems.
- ◆ **Bowling For Carbon**—a group problem solving initiative that promotes cooperation to achieve success in 'reducing carbon emissions'
- ◆ **What Difference Can I Make**—students are grouped to summarize what they have learned, infer how this can be translated to the school/home and to present a short skit on what they can do.
- ◆ **Choose Your Way**—A teamwork activity through which students decide how to accomplish a map based task. We then discuss this as a metaphor for discussing how it is not easy making 'the right' environmental choices.
- ◆ **Sustainable Living Centre**— a tour of the Centre with explanations of its features and a chance to try some of the learning centres.

Activity Schedule Options

Schedule Notes

The Kinark Outdoor Centre staff will manage the timing and flow between activities. The schedules shown are for your reference. Activities are able to be modified to respond to changes in arrival and departure times on the actual day. Should you wish to add or remove actual activities, please contact us one week ahead of your visit. The Day program outline varies from school to school based on the number of classes attending, arrival/departure times, and the specific learning objectives the visiting teacher wishes to focus on. Below are brief descriptions of activities that are or can be included.



ONE CLASS

Arrival Time A

10:15 Arrival
10:30 Waste Minimization
12:00 Lunch
12:30 Lighten the Load-
Energy Conservation
1:45 What Difference Can
I Make
2:00 Departure

Arrival Time B

9:15 Arrival
9:30 Waste Minimization
11:30 Sustainable Living
Centre
12:00 Lunch
12:30 Lighten the Load-
Energy Conservation
2:00 Energy Audit
2:30 What Difference Can
I Make?
3:00 Departure

TWO CLASSES

Arrival Time A

10:15 Arrival
10:30 Rotation 1
12:00 Lunch
12:30 Rotation 2 (Includes What Dif-
ference Can I Make?)
2:00 Departure

Arrival Time B

9:15 Arrival
9:30 Rotation 1
10:45 Rotation 2
12:15 Lunch
12:30 Sustainable Living Centre
1:00 Rotation 3
2:30 What Difference Can I Make?
3:00 Departure

Rotation Options

1 Waste Minimization
2 Lighten the Load
3 Half Ton Challenge A (Enviro-
Ethics, Bouncing Rays, Bowling For
Carbon, Wrap Up)
4 Half Ton Challenge B (Oh Polar
Bear, Choose Your Way)

THREE CLASSES

Arrival Time A

10:15 Arrival
10:30 Rotation 1 (includes
travel time)
11:45 Rotation 2
12:45 Lunch
1:00 Rotation 3 (Includes What
Difference Can I Make?)
2:00 Departure

Arrival Time B

9:15 Arrival
9:30 Rotation 1
10:45 Rotation 2
12:15 Lunch
12:30 Sustainable Living Cen-
tre
1:00 Rotation 3
2:30 What Difference Can I
Make?
3:00 Departure

SITE INFORMATION

Location and Facilities

The Kinark Outdoor Centre is located on the Queen's line 7km west of Carnarvon or 55km east of Bracebridge on Hwy 118. When coming from Huntsville proceed east on Hwy 60, then south on Hwy 35 to Hwy 118. When coming from Lindsay, proceed north on Hwy 35 to Hwy 118. All Eco-school program begin at the Sustainable Living Centre located immediately adjacent to the entrance to the Outdoor Centre.



Important To Know

CHILD/YOUTH SUPERVISION:

Kinark Outdoor Centre staff will provide facilitated program experiences from your arrival to departure. As we do not know the students and their needs with the same familiarity as the teachers, we ask that the teachers assume responsibility for students behavioral and personal needs.

TELEPHONES:

If in the case of an emergency should a parent need to contact a child or one of the teachers they should phone the Kinark Outdoor Centre Office at 705-286-3555.

EMERGENCY AND SAFETY PRACTICES:

Kinark Outdoor Educators are trained and certified in all aspects of emergency first aid and are responsible for ensuring a safe environment at all times. They will assume a leadership role in all emergency situations, and each carry a personal First-Aid Kit on them at all times. Additional fully stocked First Aid Kits are located in key locations throughout the Centre. When conducting an outside program each staff carries a two-way radio on them, and has the ability to contact the main Kinark office for assistance if needed.

In the unlikely event of a medical emergency, there are two hospital emergency departments located within 15-30 minutes respectively from the Outdoor Centre.

The teaching staff will assume responsibility for, and dispense all student medications while at Kinark. Lock boxes are available upon request for the storage of medication.

